

**October 2011**

Day	Date	Time	Activity	First Reader	Second Reader	Harmonium	Ushers/ Chapel Greeter	Book- Room	Sunday School
Sat	1	8-11 a.m.	Meditation	Denise		Denise	Suman		
Sun	2	9-9:45 a.m. 10-11 a.m.	Meditation Reading: Vol.3 # 40 Live in Constant Remembrance	Tysu	Ron	Tysu	A - Ed B - Sue G - Larry	C - John B G - Kevin	
Thu	6	7:30-9 p.m.	Meditation	Ricardo		Ricardo	Lynne		
Sat	8	8-11 a.m.	Meditation	Ruth		Ruth	Denise		
Sun	9	9-9:45 a.m. 10-11 a.m.	Meditation Reading: Vol.3 # 41 Healing Body, Mind and Soul	Ricardo	Valerie	Ricardo	A - Melinda B - Lynne G - Yanmi	C - Nancy G - Carolyn	
Thu	13	7:30-9 p.m.	Meditation	Deb		Deb	Lynne		
Sat	15	8-11 a.m.	Meditation	Ricardo		Ricardo	Ruth		
Sun	16	9-9:45 a.m. 10-11 a.m.	Meditation Reading: Vol.3 # 42 How to Read Character	Deb	Krishna	Deb	A- Yanmi B- Lynne G- Ron	C- Carol G- Carolyn	
Thu	20	7:30-9p.m.	Meditation	Geoff		Geoff	Melinda		
Sat	22	8-11 a.m.	Meditation	Owen		Owen	Pat		
Sun	23	9-9:45 a.m. 10-11 a.m.	Meditation Reading: Vol.3 # 43 The Scientific Art of Living	Carolyn	Tysu	Carolyn	A- Jeff S B- Lynne G- Phil	C- Pat G- Jill	
Thu	27	7:30-9 p.m.	Meditation	Beth		Beth	Ravi		
Sat	29	8-11 a.m.	Chapel Closed - Retreat						
Sun	30	9-9:45 a.m. 10-11 a.m.	Chapel Closed - Retreat						

Saturdays and Thursdays book sales by request


"To live for self is the source of all misery."  
— Paramahansa Yogananda