

Denver *Meditation Group* *Of* *Self-Realization Fellowship*

"He is wisest who seeks God. He is the most successful who has found God."

- Paramahansa Yogananda
Where There Is Light

Schedule of Services

October ▢ November ▢ December
2026



1360 Garrison Street, Lakewood, CO 80215
303-547-6147; Email: srfdenver@gmail.com
Web site: www.srf-denver.org

Sunday Readings Schedule

October

- 4 Patriotism That Will Endure (II/26)*
- 11 Practical Methods for Spiritual Growth (II/41)
- 18 Reincarnation (II/42)
- 25 Cultivate Your Desire For God (II/43)

November

- 1 **Harmonizing Work and Meditation (II/44)***
- 8 Why God Does Not Stop War (II/45)
- 15 Gaining the Wealth of Inner Happiness (II/46)
- 22 Limited and Unlimited Methods of Healing (II/47)
- 29 The Soul's Three Encasements (II/48)

December

- 6 Receiving God's Answer to Your Prayers (II/49)*
- 13 Miracles of Raja Yoga (II/50)
- 20 Receive the Christ Consciousness (II/51)
- 27 The Purpose of Life Is to Find God (II/52)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School: (Ages 4 and older)	10:00 – 11:00 a.m.

Bookroom open most Sundays	After the services
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Saturday Mornings

3-hour Meditation	8:30 – 11:30 AM
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Special Services and Events

Birthday Service for Lahiri Mahasaya

Sunday, October 4:	9:00 a.m. – 4:00 p.m.
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Daylight Savings Time Ends – Fall Back!

Sunday, November 1: Set your clocks back 1 hour

Day of Service

Sunday, December 6:	Noon – 2:30 p.m.
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Christmas Decorations Go Up!

Sunday, December 6:	Noon – 2:30 p.m.
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All-Day Christmas Meditation Service

Saturday, December 12:	8:30 a.m. – 3:00 p.m.
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Guided Meditation during Readings Service

* First Sunday each month	10:00 – 11:00 a.m.
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Fellowship Gatherings

Vegetarian potluck	Oct. 4, Nov. 1, Dec. 6
Weekly Fellowship "Meet and Greet" on other Sundays following the Readings Service	

Day of Service

On Saturday December 6th we will have a Day of Service at the Center from about Noon until about 2:30 PM. Volunteer activities will include putting up Xmas decorations, cleaning, winterizing the garden and grounds, and organizing. We hope you can join us to practice some karma yoga!

All-Day Christmas Meditation

Our All-Day Christmas Meditation will be on Saturday December 12th from 8:30 – 3:00 p.m. with a 30-min. intermission at 11:30 a.m. Please bring a fruit offering. Instructions for attending will be available in the foyer.

Property Updates

The Sunday School has purchased a small canopy tent for use during their Sunday School classes.

We also are in the process of investigating options for a more permanent structure over the patio, for use by the Sunday School as well as for fellowship activities. Options such as umbrellas and tables for fellowship times are also being considered.

We have selected a contractor to repair the back wall of the center. Mother center's approval is pending. The repair will commence as soon as approval is received.

We are also in the process of selling or disposing of the awning over the patio, which fell off the wall on May 31, 2026.

Interested in Volunteering?

Are you interested in volunteering for the DMG? It is a blessing to serve this sacred work of SRF and we are always looking for volunteers in many areas. Please speak with a council member if you would like to serve. Jai Guru!

Sunday School & Teen Group

Our Sunday School has resumed; the children and teens meet every Sunday during the Readings Service (10:00-11:00 am). The teens, parents, and instructors are looking forward to a new year of fun-filled activities and services.

Donation Drive For Action Center

We will have our annual Donation Drive for the Action Center, from November 29th through January 31st. We are collecting non-perishable food, warm clothing, and personal care items for the Action Center. Plastic bins will be under the table in the Fellowship Building.

Picture on Front of Newsletter

Painting by Carl Block of The Baptism of Jesus, from page 127 in The Second Coming of Christ, The Resurrection of the Christ Within You, by Paramahansa Yogananda.

History Corner

Testimonial from the October 1939 Inner Culture Magazine:

In the News of the Centers Section of the SRF magazine it says, *"Antonia Brico, famous American woman conductor, and member for many years of the Self-Realization Fellowship, gave the Thursday evening Denver meeting on September 7th a delightful surprise when she and a gifted violinist friend played at the conclusion of the (DMG) lecture."* Above right is a photo of Dr. Antonio Brico.



Dr. Antonia Brico was born in Rotterdam in 1903. She was the first woman to conduct the New York Philharmonic Orchestra and was the first woman to achieve international fame as a conductor of symphony orchestras.

She became a student of Paramahansa Yogananda's on April 27, 1927 during his lecture series in Buffalo, NY. She was a devoted disciple of Guruji's throughout the remainder of her life, most of which was lived in Denver, Colorado.

In the recording "Song of India" on the album "Songs of My Heart" recorded in 1947, she is playing the harmonium, and Master the tablas. She commented, *"I believe in the things that Paramahansaji tells us. I consider it a great privilege to have had this valuable help from my Master. I can only wish that those of you who don't know what to do with your lives, and those of your children, might have the advice and backing morally and spiritually of this enlightened Master."*

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Kelly Yousem
Treasurer	Srihari Nandyal
Secretary	Kathy Corte
Member at large	Steve Malkewicz
Member at large	Nosh Tarachand