

Denver
Meditation Group
 Of
Self-Realization Fellowship

"As long as the conqueror in man is awake, no sorrow can cast its shadow over the threshold of his heart. Awaken the victor in yourself, arouse the sleeping hero in yourself, and lo! no sorrow will ever again overwhelm you.

- Paramahansa Yogananda
 Where There Is Light

Schedule of Services

July □ August □ September
 2022



1360 Garrison Street, Lakewood, CO, 80215
 303-547-6147; Email: srfdenver@gmail.com

Web site: www.srf-denver.org

Sunday Readings Schedule

July

- 3 Yoga Methods for Proving Reincarnation (1/27) *
- 10 The Steps That Lead to God (1/28)
- 17 Beholding God Amidst Life's Dualities (1/30)
- 24 A Deathless Avatar (1/29)
- 31 Bring Forth Your Divine Nature (1/31)

August

- 7 Creation and Man (1/32)*
- 14 Yoga – The Divine Science (1/33)
- 21 Make Your Mind a Temple of God (1/34)
- 28 Divine Selfishness – Serving One's Self in All (1/35)

September

- 4 Karma – The Law of Cosmic Justice (1/36) *
- 11 Man's Highest Conception of God (1/37)
- 18 Realizing God in Your Daily Life (1/38)
- 25 Loyalty is the Greatest Law (1/39)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Sunday School	None July-Sept.
Bookroom open on selected Sundays	After the services

Thursday Evenings

Inspirational Service	Suspended for now
Prayer Service	Suspended for now

Saturday Mornings

3-hour Meditation 2 nd & 4 th Saturdays / mo.	8:30 – 11:30 AM
---	-----------------

Special Services and Events

Mahavatar Babaji Commemoration Service

Sunday July 24	11:30 – 1:00 p.m.
----------------	-------------------

Janmashtami - Birthday of Bhagavan Krishna

Sunday August 21	11:30 – 1:00 p.m.
------------------	-------------------

Mahasamadhi Service for Lahiri Mahasaya

Sunday September 25	11:30 – 1:00 p.m.
---------------------	-------------------

Birthday of Lahiri Mahasaya

Sunday October 2	11:30 – 1:00 p.m.
------------------	-------------------

Guided Meditation during Readings Service

* First Sunday each month	10:00– 11:00 a.m.
---------------------------	-------------------

Six-Hour Meditation

Saturday	None July – Sept.
----------	-------------------

Fellowship Gatherings

Weekly Fellowship "Meet and Greet" *Sundays following the Readings Service*

Saturday Morning Meditation Service Resumes

It is with great joy that we recognize the resumption last quarter of the Denver Meditation Group (DMG) Saturday morning 3-hour meditation services!! These meditations are being scheduled twice per month at present. When our needs for ushers and service readers for this service are realized we will resume our pre-pandemic weekly service schedule. If you are interested to serve as an usher on Saturday please speak with a council member.

Property Updates

We are in the process of replacing our windows on the parking lot side of the chapel, which were vandalized a few months ago. The congregation, as well as Center Department, have given approval for this project as well as for installation of security screens on all of our chapel windows. We are negotiating with the contractor at present in order to get the project completed as soon as possible.

We are also in the process of gathering information from contractors for installation of a metal security fence along the north and west sides of the property. We will schedule a general meeting to discuss the finances for this project once all of the information is gathered.

Convocation 2022: August 14 – 20

The 2022 Self-Realization Fellowship World Convocation will be taking place in-person at the Westin Bonaventure Hotel in Los Angeles as well as online this year. It will include a satsanga with SRF/YSS President Brother Chidananda, classes on Paramahansa Yogananda's "how-to-live" teachings and meditation techniques, guided

group meditations and kirtans, and more. Learn more and register here for the Convocation at the following web site: <https://convocation.yogananda.org>.

Sunday School on Summer Break

We were very glad that our DMG Sunday School was able to resume on a limited basis last quarter, holding classes on the first and third Sundays of the month. Our Sunday School is now on summer break during July and August. We will start up Sunday School for children ages 4 - 9 on September 18th.

Monastic-Led Regional Retreat October 7-9, 2022

Registration for this silent retreat is now open. Brother Kalyanananda and Brahmachari Jeff will be leading this year's Regional Retreat at the Franciscan Retreat Center in Colorado Springs, starting at 6 pm on Friday and ending at 2:15 pm on Sunday. The retreat theme is: "Experiencing Divine Love". - Master says: "Every person needs a retreat, a dynamo of silence where he may go for the exclusive purpose of being recharged by the Infinite."

To register, please pick up a retreat flyer at our chapel, download it from the DMG website, or from the email sent out by the DMG managing council. Please fill out pages three and four and mail them with your check to the address provided. Monastic-led retreats tend to fill quickly, so we suggest that you register early.

We expect to have another full house of devotees as we did for our last Regional Retreat in 2018 led by Bro. Jitananda (pictured above-right leading the energization exercises) and Br. Martin, and we do hope that you will join us again this year! We look forward to seeing many of you

there for a weekend of spiritual renewal. If you have any questions, please email RMYRetreat@gmail.com.



Thank You!!!

We sincerely thank all those who have helped with recent and ongoing Center projects including for our Building and landscaping, cleaning and decorating, gardening, etc. We greatly appreciate all of the devotees and friends who support and serve our Center throughout the year in so many ways, with your donations, gifts, participation, service, and prayers.

If you are interested in serving our group in any capacity, please contact a council member; we will enthusiastically welcome your assistance!

Picture on Front of Newsletter

Bhaghavan Krishna in lotus posture.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Jennifer Schofield
Treasurer	Ricardo Coward
Secretary	Veronica Booz
Member at large	Ron Torp
Member at large	Nancy Netz