

Denver
Meditation Group
 Of
Self-Realization Fellowship

"When the consciousness is kept on God, you will have no fears; every obstacle will then be overcome by courage and faith."

- Paramahansa Yogananda
 Where There Is Light

Schedule of Services

April □ May □ June
 2026



1360 Garrison Street, Lakewood, CO 80215
 303-547-6147; Email: srfdenver@gmail.com
 Web site: www.srf-denver.org

Sunday Readings Schedule

April

- 5 The Resurrection of Christ Within You (II/15) * **Easter**
- 12 Jesus Christ and His Teachings (II/14)
- 19 How to Fulfill Your Role in Life (II/16)
- 26 The Power of Concentration (II/17)

May

- 3 Sojourn in Freedom: The Astral Universe (II/18) *
- 10 God's Nature in the Mother (II/19) **Mother's Day**
- 17 God-Mindedness: The Key to Freedom (II/20)
- 24 The Cosmic Play of Life and Death (II/21)
- 31 Success Through Superconscious Power (II/22)

June

- 7 Uniting Religion Through Practice of Yoga (II/23) *
- 14 Even-Mindedness Is Yoga (II/25)
- 21 God's Nature in the Father (II/24) **Father's Day**
- 28 The Science of Kriya Yoga (II/27)

Sunday Mornings

Meditation Service	9:00 – 9:45 a.m.
Readings Service	10:00 – 11:00 a.m.
Children's Sunday School: (Ages 4 and older)	10:00 – 11:00 a.m.
Bookroom open most Sundays	After the services

Saturday Mornings

3-hour Meditation	8:30 – 11:30 AM
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Guided Meditation during Readings Service
 * First Sunday each month 10:00 – 11:00 a.m.

Day of Service

Saturday May 9th 12:30 – 2:30 p.m.

Birthday of Swami Sri Yukteswar

Sunday, May 10th: 11:30 a.m. – 12:30 p.m.

Fellowship Gatherings

Vegetarian potluck April 5, May 3, June 7
 Weekly meet-and-greet Fellowship "Tea" on other
 Sundays following the Readings Service

Blessed Monastic Visit!

The Denver Center was blessed to have Brother's Saralananda and Dhyanananda visit us on March 17-18, 2026. It was a tremendous success! About 45 devotees attended the Inspirational service led by the monastics on Tuesday evening. Following is a photo taken of the group after the service.

About 23 devotees attended the outing to the Dushanbe Teahouse in Boulder for lunch on Tuesday. Pictured below is a portion of the group in front of the teahouse.

Twelve devotees also joined the monastics for lunch at Cafe Miriam City Park on Wednesday plus a hike in the park and meditation by the lake. Many thanks to all of

and have a simple celebration at 11:00 following the Readings Service. All are invited. Sunday School and Youth Group will start up again after school starts again in August.

Day of Service

On Saturday May 9th we will have a Day of Service at the Center and in the garden from about 12:30 until 2:30 PM. Volunteer activities will include cleaning, gardening, and organizing. Please join us at 11:30 AM for a light lunch and fellowship before our work starts. We hope you can join us to practice some karma yoga!

No Rocky Mountain Yogis Retreat This Year

Unfortunately, we will not be holding a devotee-led retreat this year. However, the planning committee is working on arranging for a retreat in 2017 at the Franciscan Retreat Center.

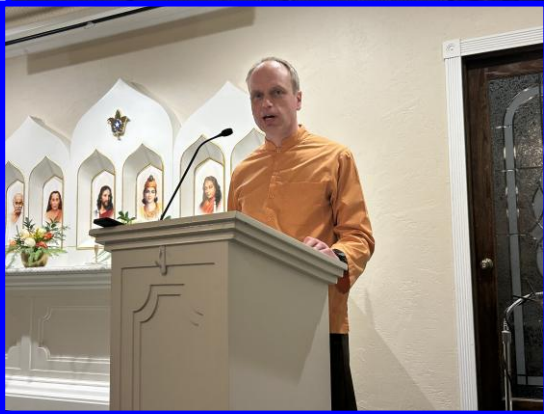
Picture on Front of Newsletter

Picture of Brothers Saralananda and Dhyanananda during their March 2026 visit to the Denver Center.

Council Members

Please feel free to contact any of the council members with your suggestions and comments.

Coordinator	Kelly Yousem
Treasurer	Srihari Nandyal
Secretary	Kathy Corte
Member at large	Steve Malkewicz
Member at large	Nosh Tarachand



Pictured above is Brother Dhyanananda leading the Inspirational Service, which had the title of "How to Get Along With Others."

Brother Saralananda also gave a talk to close out the service, including a personal story about Sri Daya Mata, whom he served closely for 17 years... very inspiring.



the volunteers who served prior to and during the event to make it a success.

Sunday School Update

The Sunday School and Youth Group thanks volunteers and families for a wonderful year. We will have our last meeting for this school year on May 24th